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How The Letters Dance Me: Guidebook For The Vimala Alphabet



Synopsis

Laid out in ready-to-use formats suitable for the beginning student to advanced practitioner, perfect for classroom or private use, How the letters Dance Me is a guidebook to forming the Vimala Alphabet®. It offers the alphabet in traceable, descriptive and multiple practice formats to guide you in changing your life. A complimentary book to Ms. Crebbin's first book, Soul Development through Handwriting, this book guides the reader to work independently with the Vimala Alphabet forms. The Vimala Alphabet was created and copyrighted by Vimala Rodgers. From book: "Every single day, as we walk, talk, eat, breathe, sing, share, work and create our way through life. The dance of our handwriting captures the dance of our life. It captures our hesitations, doubts and fears, as well as our joys, talents and desires."

Book Information

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Customer Reviews

Jennifer Crebbin is a life coach, handwriting consultant and author. She works with individuals and groups teaching the transformative power of the Vimala Alphabet. She lives in the Sierra Nevada foothills.

I thought the title of the book implied a more personal account on how the letters actually danced the writer. I would say 90% of the book is like a note book for us to copy the letters as an exercise. The letters are quite big so if you want to use this as an exercise you will need to recalibrate the size of your handwriting in comparison to the exercise in the book. Not a criticism but at least you get to know what happens when you get the book. I had seen some videos from the author on how she

talked about the specific letters and felt that maybe this book would offer some of her PERSONAL DISTILLATION on the matter, but this was hardly found in the text. The book is a calligraphy exercise book with brief BRIEF descriptions of the letters. I imagine this is so due to copyright issues with the original author and creator of this writing script.

Great resource for literacy teachers; adds so much value to the experience of writing, especially as it increasingly competes with typing for pure efficiency. I would love to have this book in digital format so that I can print out the pages as needed. I wouldn't ever write in a book, even one designed for practicing handwriting. Thank you, Ms Crebbin, for putting your approval to be used on each page. That's a gracious means of support for all teachers! :)

The author of this book has created an easy to follow product that teaches anyone how to write the Vimala Alphabet. She has taken the mystery out of forming the letters and created clear, concise directions to follow. This book not only allows the writer to learn how to form the letters, it also teaches the writer the energy or essence of each letter. An excellent book for writers of all ages. She invites you to experience the powerful transformational tool the Vimala Alphabet has to offer.

Great workbook to learn the letters. I like reading Jennifer Crebbin's interpretation of the letters. Gives me a broader perspective than just the Vimala guidebook.

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